|  |
| --- |
| Text, letter  Description automatically generated |
| Even with a family history of diabetes, there are ways to prevent the disease, including maintaining a healthy weight and diet, exercise and getting quality sleep on a routine basis.Interested in learning more? [Click here](https://010bbd3c-7c99-4bb7-b319-8590182e29be.filesusr.com/ugd/722a5e_c175daea752b400382ed1181adf06d6e.pdf)**Don’t delay your healthcare!****Schedule a diabetes screening today.** |
| A picture containing drawing  Description automatically generated | A close up of a sign  Description automatically generated |

­­