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| A group of objects on a surface  Description automatically generated with low confidence | |
| Signs of skin cancer  A visible change in your skin is the most common sign of skin cancer. It  could be a new growth, a change in an existing mole or a sore that does not heal. For melanoma specifically, an easy way to remember the warning signs is the ABCDE’s of melanoma rule:  **A: Asymmetrical**.  The mole or spot does not have a regular shape.  **B: Border.**  The border of the mole or spot is irregular or jagged.  **C: Color.**  Uneven or irregular color.  **D: Diameter.**  The mole or spot is larger than the size of a pea.  **E: Evolving.**  The mole or spot has changed in the past few weeks.  Contact your Everside Health & Wellness Center today to make an appointment to discuss what you can do to keep your skin healthy and mention any changes you have recently noticed in your skin. | |
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